

Client Information

Name _____ Cell # _____ Age _____
Address _____ City _____ State _____ Zip _____
Email _____ Occupation _____
Referred by: _____ In case of emergency _____ Phone _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

Have you ever experienced a professional massage or bodywork session? YES NO How recently? _____

What are your massage or bodywork goals? _____

What kind of pressure do you prefer? Light Medium Firm

Yes No Do you frequently suffer from stress?

Yes No Do you bruise easily?

Yes No Do you have diabetes?

Yes No Any broken bones in the past two years?

Yes No Do you experience frequent headaches?

Yes No Any injuries in the past two years?

Yes No Are you pregnant?

Yes No Do you have tension or soreness in a specific area ?

Yes No Do you suffer from arthritis?

Please specify _____

Yes No Are you wearing contact lenses?

Yes No Do you have high blood pressure?

Yes No Do you have cardiac or circulatory problems?

Yes No Are you taking high blood pressure medication?

Yes No Do you suffer from back pain?

Yes No Do you suffer from epilepsy or seizures?

Yes No Do you have numbness or stabbing pains?

Yes No Do you suffer from joint swelling?

Yes No Are you sensitive to touch or pressure in any area?

Yes No Do you have varicose veins?

Yes No Have you had surgery in past two years?

Yes No Do you have any contagious diseases?

Yes No Other medical conditions, or are you taking any

Yes No Do you have osteoporosis?

Medications I should know about?

Yes No Do you have any allergies?

Comments _____

Types of massage techniques anticipated using: Swedish, deep tissue (trigger point, NMT), strain/counter-strain, MET, lymphatic drainage. I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation & relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. If for any reason, you are uncomfortable & ask me to cease the massage I will end the massage session. No massage of genital areas or breast massage. Draping will be used during the massage session. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment & that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness & that nothing said in the course of the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions & answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile & understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session & I will be liable for payment of the scheduled appointment.

Client Signature _____ Date _____

Practitioner Signature _____ Date _____

Consent to Treatment of Minor: By my signature below, I hereby authorize _____ to administer massage/bodywork to my child or dependent as they deem necessary.

Signature of Parent or Guardian _____ Date _____